19 October 2017



Email: stmarymackillop@parra.catholic.edu.au www.mackilloppenrith.catholic.edu.au

Dear Parents and Friends of St Mary MacKillop School,

Our school constantly strives to be:

A Christ centered community which challenges students to develop their unique gifts and talents through a supportive partnership of school, parents and parish.

I had the wonderful experience last week of meeting our 2018 cohort of kindergarten children. At St Mary MacKillop we offer our new kindergarten families a 'playgroup experience' for four weeks during Term 4 and it was a terrific session on Friday. Well done to Mrs Gray and her team for organising the activities and managing the smooth running of the group. It was great to see the excitement in the children and the friendships being formed as they get ready for next year. We look forward to their arrival and welcome them all to our family.

This week I will be attending the annual Diocesan Principal Masterclass Conference on Thursday and Friday. Each year the Principals from every primary and high school in Parramatta Diocese come together to share learning with one another about the great things that are happening a tour schools and the leadership that has been involved in growing those good ideas into great realities. We also get the opportunity to hear from a number of guest speakers involved in I eading education in Australia and the world.

Before I attend the principal conference this week however, I have had the wonderful opportunity to attend the third session of "Penrith Talks Innovation" at the Joan Sutherland Centre with Mrs Rowan on Wednesday night. Organised by Penrith City Council and Mayor John Thain, these talks challenge us with world class speakers who are transforming industry and education through their innovation and entrepreneurial actions. This talk featured Dr Jordan Nguyen who believes in 'making the impossible possible' through life changing technologies focusing on intelligent, futuristic and inclusive technology. Also speaking was Professor Jonathon Allen who is Head of The Academy at Western Sydney University. His teaching centres on design's role in enhancing the social, cultural and environmental landscapes of people's lives. I loved what these speakers had to offer as it is the kind of thinking that I am passionate about. I strongly encourage you to 'google' them or find out more about their vision and contribution to the rapidly changing landscape of our society and the implications it holds for our kids as citizens of the future.

Together We Grow.

Mr Scott Buchan - Principal

#### **Bus Bay Safety**

I noticed recently before school that we have some parents who are 'dropping off' children in the schools bus bay. I feel that I need to make everyone aware of the risks in doing this. Firstly, it is a breach of the road rules as the entire bus bay is for buses only during the hour before school. Secondly, it is dangerous for the drivers of the buses who require the space and vision of the entire bus bay to safely carry out their responsibilities. Thirdly, I am concerned for the safety of the children (the students I observed were younger students at our school), as they rush to get out of the vehicles quickly in such a high traffic environment.

Please – do not use the school bus bay for car drop off before school.



Keeping In Touch

SOUTH

RIMARY

MACKILLO

#### The Canonisation of St Mary MacKillop – Tues 17<sup>th</sup> October

Tuesday, 17<sup>th</sup> October marked 7 years since the canonisation of our patron saint, Saint Mary of the Cross MacKillop at St Peter's Basilica, Rome. This very significant day officially recognised the work and dedication of Mary MacKillop, and gave Australia their very own saint.

'The Church does not make a saint – it recognises a saint.



Canonisation is the act by which the Holy Father declares in a definitive and solemn way that a Catholic Christian is actually in the glory of heaven, intercedes for us before the Lord and is to be publicly venerated by the whole Church. Canonisation is a double statement – about the life of the person and also about the faith of the people who are alive at this moment.' http://www.marymackillop.org.au

During this week, I invite you to reflect upon the following Mary MacKillop Prayer:

Ever generous God,

You inspired Saint Mary MacKillop to live her life faithful to the Gospel of Jesus Christ and constant in bringing hope and encouragement to those who were disheartened, lonely or needy.

With confidence in your generous providence and through the intercession of St Mary Mackillop we ask that you grant our request......

We ask that our faith and hope be fired afresh by the Holy Spirit so that we too, like Mary MacKillop, may live with courage, trust and openness.

Ever generous God hear our prayer. We ask this through Jesus Christ.

Amen

#### October - World Mission Month

#### Gold Coin Crazy Sock Day - Tuesday 24th October

World Mission Month is celebrated every year in every country wherever there are Christians committed to building a better world for all of God's people, a world where everyone has all they need to live a dignified and fulfilling life.

Jesus' mission of creating a world where all can live a fully dignified life is still far from completion. Therefore, the whole month of October has been dedicated to reflecting on the central mission of the Church to help all Christians in their commitment to Christ's mission of love, mercy, forgiveness, peace and justice for the world.

Missionary activity is, fundamentally, a going out of oneself in love, a reaching out to see God in everyone and to share God's love with each person we meet – especially our poor and marginalised.

The theme of World Mission Month this year is "I have come so that they may have life and have it to the full." This theme invites all students in Catholic Schools across Australia to reach out to help children who are living in poverty in Uganda. Unfortunately, in areas of Uganda too many children die each and every year due to poor medical facilities and preventable diseases.

Catholic Mission aims to help students learn more about the issues of justice and how we can all be involved with global mission, and participate in this wonderful work of sharing the loving grace of God throughout the world.

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Every year, as part of the Parramatta Diocesan Religious Education program, every grade in the school completes a 2 -3 week mission unit at the start of Term 4. In addition to what is occurring in the classrooms we would like to put our learning into action by holding a "CRAZY SOCK DAY" on Tuesday 24<sup>th</sup> October. All students are asked to wear crazy socks with their school uniform and donate a gold coin or two to help the children in Uganda. We look forward to a bright and colourful day, whilst we help to "sock it to poverty!"



#### Who is Catholic Mission?

Catholic Mission is the international mission agency of the Catholic Church in Australia. Locally and globally, they answer the call to love God and to love our neighbour, and work to establish the Reign of God through building communities of missionary disciples who share their faith by proclaiming the Word, serving people in need, acting for justice and creation, and adopting child-focused, community-based development programs.

Compelled by the message, life and love of Jesus Christ, Catholic Mission forms Australians for mission and raises funds for mission – in Australia and around the world. This enables heroic missionaries to reach out to help children and communities in need, and provide vital training for seminarians and other young Church leaders. Catholic Mission operates in over 160 countries to support initiatives in 1,100 dioceses, including remote Australia. Needs are identified by local Catholics, to give people the opportunity for a full, enriched life – physically and spiritually – regardless of race, stigma, religion or gender.

Founded in 1822 by a lay single woman named Pauline Jaricot, today Catholic Mission is the Pope's own mission organisation. Catholic people are called to give priority to Catholic

Mission as the agency provides essential funding for the Church in Africa, Asia, the Pacific and parts of South America.

#### **Praying The Rosary**

Traditionally the month of October is dedicated to the Holy Rosary and this has been a tradition in the Catholic Church for a long time. Catholics pray the Rosary because it is a powerful prayer to God through His mother, Mary.

The word 'rosary' comes from Latin and means a garland of roses, the rose being one of the flowers used to symbolize the Virgin Mary. It is recognized as a truly biblical form of prayer—after all, the prayers that comprise it come mainly from the Bible.

During the month of October there will be a school focus on the Rosary. The students in Years 3-6 will focus on learning and praying The Rosary during whole school prayer time at 2pm on a Friday afternoon.

Whilst we have Rosary beads at school the children are encouraged to bring in their own set of beads to personally enhance their prayer experience and to foster the prayerful practice in their own homes.

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The Sign of the Cross In the name of the Father, and of the Son and of the Holy Spirit. Amen.

The Apostles' Creed I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary Hail Mary full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary Mother of God, pray for us sinners now and at the hour of our death. Amen. Glory Be To The Father Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

Fatima Prayer O my Jesus, forgive us our sins; save us from the fires of hell. Lead all souls to heaven, especially those in most need of thy mercy. Amen.

The Hail Holy Queen Hail Holy Queen, Mother of Mercy, our life our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy towards us and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

- V Pray for us, O holy Mother of God
- R That we may be made worthy of the promises of Christ

Let us Pray: O God, whose only-begotten Son, by his Life, Death and Resurrection has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating upon these mysteries of the most holy rosary of the blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

St Mary MacKillop would like to recognise that one of our Year 1 students, Zarah Petulla, from 1A, has appeared in the Penrith Press for her amazing initiatives. Please see the article below.

#### Zarah's egg-cellent effort

Seven-year-old raises thousands for the Great Cycle Challenge with help from the family chickens

Jasmine Joseph



Zarah Petulla, 7, and her father Michael show their cycling skills. Picture: Justin Sanson

SEVEN-YEAR- old Glenmore Park resident Zarah Petulla is 'wheely' excited to be part of the Great Cycle Challenge this month.

Riders all over Australia are teaming up to raise money to help beat childhood cancer as part of the Great Cycle Challenge.

With close to 10,000 people registered to participate, the aim is to raise \$3 million for the Children's Medical Research Institute.

"Quite a few strangers have donated which we are very touched by," said mum Aly Petulla.

Mrs Petulla said she was grateful for their supportive community, who always help with Zarah's charitable pursuits

This is her first year participating in the challenge and Zarah has already managed to raise over \$2500 of her \$3000 goal.

The primary school student has raised the funds by collecting donations, selling eggs produced by the family chickens and doing jobs for her neighbours. She wanted to be part of the challenge after watching her father smash his 500km goal last year.

As part of the challenge, cyclists set themselves a distance goal, which can be anywhere from 10km to 1000km.

With the help of her parents, Zarah has set herself a goal of 100km.

She is also part of a community team called Levi's Legends, which hopes to raise \$250,000 for Levi, a thirteen-year-old boy who suffers from Neurofibromaotis, which causes tumours to grow in his nervous system.

Funds raised via the challenge go towards researching childhood cancers, and assisting some of the 600 Australian children who are diagnosed with cancer each year.

"The Great Cycle Challenge involves logging distance ridden on a bike or stationary bike. Donate via **greatcyclechallenge.com.au** 

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# 2018 Team Sport Trials

All correspondence to:

PDCPSSC

Aengus Kavanagh Education & Equity Centre PO Box 215, Rooty Hill 2766 Tel (02) 9677 4314 Mobile 0408 278 918

mthornton@parra.catholic.edu.au www.primarysportparra.catholic.edu.au Facebook: Primary Sport Parramatta Diocese

Parramatta Diocese 2018 Information For Parents of current Year 4
and Year 5 students - Registration window open only for Basketball & Tennis ONLY

Dear Parents.

Parramatta Diocesan Primary students enrolled in Year 5 and 6 in 2018 are invited to participate in the Parramatta Diocesan Team Sport Trials during Term Four in 2017 and Term One in 2018. It is important to note that these trials are generally for those children who display an above average ability and/or have representative experience in their chosen sport. While teams are open in age it is strongly recommended that only children of a representative standard in years 5 & 6 in 2018 be invited to attend. To facilitate this, Parramatta Diocesan trials will be held in the following sports:

Sport	Age Group	Trial Date	Registration closing date
AFL	Open boys & girls	Term One 2018	Friday 2nd February 2018
Basketball	Open boys & girls	14th November 2017	Friday 27th October 2017
Cricket	Open boys & girls	Term One 2018	Friday 2nd February 2018
Diving	10/11yrs girls & boys & 12/13yrs girls & boys	Term One 2018	Registration via CSSS in 2018
Football (Soccer)	Open boys & girls	Term One 2018	Friday 2nd February 2018
Golf	Open boys & girls	Term Three 2018	Registration via CSSS in 2018
Hockey	Open boys & girls	Term One 2018	Friday 2nd February 2018
Netball	Open girls	Term One 2018	Friday 2nd February 2018
Rugby League	Open boys & 11yrs boys - NB. No State team selected for 11 yes	Term One 2018	Friday 2nd February 2018
Rugby Union	Open boys	Term One 2018	Friday 2nd February 2018
Softball	Open boys & girls	Term One 2018	Friday 2nd February 2018
Tennis	Open boys & girls	20th November 2017	Friday 27th October 2017
Touch	Open boys & girls	Term One 2018	Friday 2nd February 2018

To be eligible for selection for these trials an Online Team Registration Form must be completed that can be accessed via the website <a href="https://www.primarysportearra.catholic.edu.au">www.primarysportearra.catholic.edu.au</a> ~ Click on "REP SELECTIONS" tab and scroll down to the SPORT you wish to register for and click on the "REGISTER" button below the heading "PDCPSSC Expression of Interest Registration Form". Each sport has a different registration criteria.

This online form is an EXPRESSION OF INTEREST for the 2018 Parramatta Diocesan Primary Sport Team trials. You may complete this form to attend a selection trial or if you have been selected in a representative squad or team. One form is to be completed per child, per individual sport and when completed, click SUBMIT.

Please note that your online registration is an **EXPRESSION OF INTEREST ONLY** and MUST be approved by your child's school. In order for your child to attend the nominated trial or event this may come down to the discretion of your school as to who is selected to attend the trial. In some sports only 2 students per school can be nominated. Please complete all fields and especially "Representative Experience".

Your child's school will notify you one week prior to the trial date if your child is to attend to the Parramatta Diocesan trial for their selected sport by providing a trial information sheet.

Under no circumstances will a child be eligible to trial if the Online Registration Form has not been completed and approved by the school by the closing date.

\$8.00 trialling fee is payable on the day for after school trials & \$10.00 trialling fee is payable on the day for half day and full day trials.

- This is to be paid upon registration at the trials once your child has been approved to attend the Parramatta Diocesan Trials.

Please note that the full day trials will be for boys cricket, boys soccer, boys rugby league & boys rugby union.

Due to the popularity of boys cricket, boys soccer and girls netball a maximum of 2 children only are eligible to trial from each school. Selection of the 2 boys and girls will be made jointly by the school sport coordinator and principal.

Half day trial for tennis and netball... all other trials will be held after school beginning at 4pm.

#### MACKILL OP TRIAL

It should be noted that the main purpose of the Mackillop trial is to select a team to compete at the NSW PSSA Championships. The Inter-Diocesan MacKillop Trial is not a competition although a round robin format is often used to facilitate the selection procedure.

#### NSW PSSA CHAMPIONSHIPS

Children who are successful at being selected in the Mackillop team will compete at the N.S.W. P.S.S.A. Championships. These championships involve three or four days of competition at various locations in NSW. Children selected in these teams may also be required to attend training sessions. At the NSW PSSA Championships a State team will be selected to participate at the School Sport Australia Inter State Exchange for some sports.

#### SCHOOL SPORT AUSTRALIA

To be considered for selction in the NSWPSSA state team for participation at all School Sport Australia 12 Years & Under championships: Students mus be turning between the ages of 10 and 12 in the year of competition i.e. Students turning the ages of 8, 9 and 13 in the year of competition are not eligible for NSWPSSA State selection.

Please note the following information:

- Parents are responsible for all transport and supervision arrangements and must remain to supervise their child at the trial at all times.
- Children need to generally be of representative standard.
- Attendance at training days, where applicable is compulsory.
- The selector's decisions are final.
- Parents will need to make their own travel arrangements for children representing Parramatta at Inter-Diocesan MacKillop trials. This
  may mean travel to Sydney, Wollongong, Canberra, Wagga or Forbes.
- Please be aware that the teacher conducting the trial and accompanying the team to the venue is a "Team Manager" ~ not a coach.

If you would like your child to participate in one of the Parramatta Diocesan trials please complete the Team Online Registration Form that can be accessed via the website <a href="www.primarysportparra.catholic.edu.au">www.primarysportparra.catholic.edu.au</a> ~ Click on "REP SELECTIONS" tab and scroll down to the SPORT you wish to register for and click on the "REGISTER" button below the heading "PDCPSSC Expression of Interest Registration Form".

NOMINATIONS close Friday 27th October 2017 for the sports of Basketball & Tennis and entries close Friday 2nd February 2018 for all other sports.

Kind Regards,

Margaret Thornton

Teaching Educator Primary Sport ~ CEO Parramatta

WEBSITE: www.primarysportparra.catholic.edu.au



Click on "REP SELECTIONS" tale and scroll down to the SPORT you wish to register for and click on the "REGISTER" button below the heading "PDCPSSC Expression of Interest Registration Form".

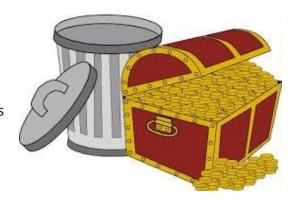
#### FETE 2018 - Head CoOrdinator

Mrs Catherine Watson has kindly volunteered her time in being Head CoOrdinator for our 2018 School Fete. I know you will join with the P&F Executive team and staff in supporting Catherine in her role and wishing the Fete Committee all the best, as they plan and prepare for next year's major fundraising event. Watch this space for upcoming information regarding our 2018 Fete and how you can take part.

#### FETE 2018 - Trash and Treasure

If you managed to organise a spring clean and put aside any toys, dvd's, books, cd's, kitchen utensils, crockery etc that is in **good saleable / working condition y**ou can bring your unwanted wares up to the school from Wednesday, 18 October 2017. Whilst we are grateful for all donations, storage space is limited.

Please no second hand electrical items.



#### **FETE 2018 - Parent Stall Holders**

Applications are now open for Stallholders at next year's fete. Applications forms are available via the Skoolbag App, Facebook page or through Veronica Neal.

Current parents at our school have first priority and we encourage you to get your completed applications in quickly.

Applications will open to the wider community on Monday, 30 October 2017.

Catherine Watson

P&F 2018 School Fete CoOrdinator

# YEAR 3 - YEAR 6 DISCO - TONIGHT :) 5.00pm - 6.30pm, School Hall



All Year 3 to Year 6 students are invited to break out their dance moves and share the fun with their friends. \$5 fee upon entry. Cordial, glow bands and treat provided. Tea and Coffee will be available near the library for any parent wishing to wait for their child on premises.

We kindly request that any younger or older siblings that may accompany you, remain clear of the hall area.

#### P&F ANNUAL GENERAL MEETING - TUESDAY, 7 NOVEMBER 2017

If you would like to be part of the P&F Executive team for 2018, here is your chance All positions will be vacated and we encourage our parents to come along and help nominate and build our team for the year ahead. The 2017 team have really enjoyed working together for the benefit of our school community and all new faces are warmly welcomed. If you have a mind for management, numbers, event planning, or just want to be part of something fun, please consider getting involved with the 2018 P&F Executive team.

Erin Carroll P&F President

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#### School Contact Information

St Mary MacKillop has migrated to a new digital phone system which in turn means our phone number has changed. The new school phone number is **02 4724 3200**.

The old phone number is still in effect and will be for the next 12 months, however, when we call you the new contact phone number will be shown on your caller id.



#### Changing Schools

We will be finalising enrolments for 2018 in the coming weeks. If you are changing schools next year could you please notify the school office on 02 4724 3200 so that we can finalise any paperwork required for the new school and offer any vacancies to families currently on our waiting list.

#### Message from Busways

#### School Opal Card - Help Us to Help You!

This message has been sent from Busways, the bus operator that provides your school bus services,

regarding student use of the School Opal card.

An important requirement of School Opal card is the need for students to Tap On and Tap Off when they travel to and from school.

Opal data gathered by tapping on and off is used to determine demand for bus services. If students don't tap on and tap off, services may be cancelled due to the lack of recorded patronage.

With this in mind, we ask for your assistance in reminding your students that tapping on and off at the beginning and end of each trip is one of the conditions of using a School Opal card. This in turn helps us ensure we are able to provide the appropriate level of service to your students.

To further promote the use of School Opal, Busways will also be conducting checks on School Opal cards over the coming months. All students travelling on buses to and from school will be required to show their card and ensure they Tap On and Tap Off every time they catch the bus. Students without an Opal Card will be provided with a brochure to take home identifying how they can get an Opal Card.



Please support Busways staff with afternoon boarding and checks to ensure minimal delays to bus departure times and demonstrate a united front to students on bus travel and Opal Card use.

Thank you in advance for your assistance.

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#### What's On at Penrith Observatory

Greetings Friends of Penrith Observatory,

With the weather warming up that means mosquitoes, make sure you cover up or use repellent when you visit us.

What's On at Penrith Observatory in November

Date: 11 November

**Event name: Volcanoes of the Solar System** 

**Event details:** 

#### **Dr Andrew McGonigle**

Whilst earth is volcanically active, the real volcanic wonders of the solar system lie far beyond our planet. Indeed, volcanoes on Mars, Venus, The Moon and Io, to name a few locations, outstrip those of Earth in scale and vigour. This talk will provide an overview of our growing understanding of extra-terrestrial volcanism and different it is to that on Earth.

Includes presentation, short 3D movie, tour of the dome and viewing of the night sky through a range of telescopes (weather permitting).

\$18.00 Adult

\$12.00 Child/Concession

\$50.00 Family (2 adults + 2 children)

Children under 3 years of age free.

BOOKINGS ESSENTIAL **Time:** 8pm – 10pm

Venue Address: Penrith Observatory (Building AO), Western Sydney University, Werrington North

campus, Great Western Highway, Werrington

Contact website for public enquiries and bookings:

https://www.westernsydney.edu.au/observatorypenrith/penrith observatory/whats on

Date: 25 November

**Event name: From Conventional Rockets to the Warp Drive** 

Event details: Mr Nicholas Ralph

Trekking Kilometres on Earth might seem like a task, but in the vast empty void of space we face far greater distances. Beginning with our fight against gravity, voyaging to distant planets has become a dilemma of money, time, and critically, energy. Join us in exploring humanity's journey from conventional rockets to nuclear propulsion and take a peek at the real science behind the fabled warp drive.

Includes presentation, short 3D movie, tour of the dome and viewing of the night sky through a range of telescopes (weather permitting).

\$18.00 Adult

\$12.00 Child/Concession

\$50.00 Family (2 adults + 2 children)

Children under 3 years of age free.

BOOKINGS ESSENTIAL **Time:** 8pm – 10pm

**Venue Address:** Penrith Observatory (Building AO), Western Sydney University, Werrington North campus, Great Western Highway, Werrington

Contact website for public enquiries and bookings:

https://www.westernsydney.edu.au/observatorypenrith/penrith\_observatory/whats\_on

## Pates for Your Diary Term 4—2017

DAY	DATE	TIME	EVENT	
Thursday	19 October	5:00—6:30pm	Yr 3—Yr 6 Disco	
Friday	20 October	12:30-1:30pm 2:20pm	Kindergarten 2018 Playgroup Session 2 Whole School Assembly	
Tuesday	24 October		Crazy Sock Day	
Thursday	26 October		Year 5 YMCA Camp Yarramundi– Day1	
Friday	27 October	9:15am 12:30-1:30pm 2:15-3:15pm 2:20pm	Year 5 YMCA Camp Yarramundi– Day 2 Year 3 Liturgy Kindergarten 2018 Playgroup Session 3 Second Hand Uniform Shop Open Whole School Assembly	
Friday	3 November	8:30 - 2:30pm 9:15am 12:30-1:30pm 2:20pm	Parramatta Diocesan Gymnastics Competition Year 2 Liturgy Kindergarten 2018 Playgroup Session 4 Whole School Assembly—6M Assembly Item	
Tuesday	7 November	7pm	P&F Annual General Meeting	
Wednesday	8 November	9:00-11:00am	Kindergarten 2018 Orientation Morning	
Friday	10 November	10:45am	Remembrance Day Liturgy	
Thursday	16 November		Year 6 Canberra Overnight Excursion - Day 1	
Friday	17 November	9:15am 2:20pm	Year 6 Canberra Overnight Excursion - Day 2 Year 4 Liturgy Whole School Assembly—1J Assembly Item	
Friday	24 November	9:15am 2:15pm –3:15pm 2:20pm	Year 5 Liturgy Second Hand Uniform Shop Open Whole School Assembly—6K Assembly Item	
Wednesday	29 November	Evening—TBA	SMMP Christmas Concert—St Dominic's College	
Friday	1 December	2:20pm	Whole School Assembly—5G Assembly Item	
Friday	8 December	6 –9pm	Year 6 Farewell Disco	
Tuesday	12 December	9:15am 6:30pm	Year 6 Graduation and Presentation Ceremony Year 6 Graduation Mass—St Nicholas of Myra	
Friday	15 December	9:15am	Year 6 Liturgy	

TERM 4, WEEK 2 Page 11





- DO NOT SHARE FOOD
- WASH HANDS
   AFTER SNACK AND MEAL TIMES.
- ASK QUESTIONS IF YOU ARE UNSURE OF "SAFE" FOODS.
- READ ALL INGREDIENT LABELS.



www.beyondapeanut.com 1-877-ALRG-TIP (257-4847) Thank you for helping us provide a safe environment for our friends with food allergies!





# St Mary Mackillop Primary School - Term 4, 2017



\$1.00 \$1.00

\$1.30 \$2.00 \$2.00 \$3.00

\$1.60 \$1.60 \$2.20 \$2.00 \$2.00 \$2.20

\$2.30 \$2.50

\$3.00

\$0.80

\$1.00

\$1.00 \$1.50

\$1.60

\$2.00 \$2.00

### Eat Fresh: Healthy Body, Healthy Mind!

/ /				
Every Day Hot Food		Sushi Roll		Snacks
Chicken Nuggets	4 for \$2.80	(Available Tuesday, Wednesday & Thursday)		Piece of Fruit
Chicken Nuggets	6 for \$4.00	Chicken & Cucumber	\$3.50	Cookies, Delights, Popcorn, Jumpy's
Party Pie	\$1.00	Chicken Teriyaki	1	Assorted Chips
Corn on the Cob	\$1.00	Tuna & Cucumber		Screw Top Yoghurt
Garlic Bread	\$2.00			Fruit Yoghurt Cup
Chicken Fingers (6)	\$3.50	Sandwiches		Banana Bread—Slice
Vegie Burger	\$4.00			p.:-I
All Burgers include salad	7	AVAILABLE IN WHITE OR MULTIGRAIN	00105	Drinks
Salsa Wrap	\$4.50	WRAP OR ROLL ADD 0.50c TO SANDWICH		Juice - Poppers
Chicken Caesar Wrap	\$4.50	Vegemite, Jam, Devon	\$2.00	Plain Milk 300ml
Nemo Wrap	\$4.50	Tomato, Cheese	\$2.50	with Sippah Straw
Chicken Tender Wrap	\$4.50	Tuna or Egg	\$3.00	Pop Top Juice
Lamb Kebab Wrap	\$4.50	Leg Ham, Chicken or Salmon	\$3.50	Bottled Water 600ml
Callib Rebab Wiap	PTIOU	Salad Sandwich	\$3.50	Glee 99% Sparking Juice
D-il-Gi-l-		Lettuce Tomato, Cucumber, Beetroot & Carrot		Blackcurrant, Raspberry, Tropical
Daily Specials		EXTRAS – Including Toasting	\$0.40	Flavoured Milk Lite 300ml
Monday				Fruit 2o
Traveller Pie	\$3.50	Salad		Orange Mango, Dragonfruit
Sausage Roll	\$3.00	Cup		Iced Tea LOW SUGAR 500ml
Tuesday		Fresh Fruit Salad	\$2.00	
Fried Rice with Chicken Wings (2)	\$5.00		1	Ice Blocks
Pasta Bolognese	\$4.00	Boxes		Zooper Dooper
Wednesday		Garden Salad	\$4.00	Frozen Juice Cup/ Icy Mony
Lasagne	\$4.00	With Ham or Tuna	\$4.50	Lemonade, Mango or Strawberry Split
Sweet Chilli Wrap	\$3.00	With Salmon or Chicken	\$5.00	Flash Ice Block on Stick
Thursday		Add to your Salad box e	a \$0.40	
Beef Burger	\$4.00	Egg, Cheese, Avocado, Sprouts, Bacon, Crou	itons	Scooby Chocolate, Banana or Caramel
Butter Chicken & Rice	\$4.00	Chicken Caesar Salad	\$5.50	Looney Tunes Plain Ice Cream Cup
Friday				Slushie Cup
Chicken Burger	\$4.00			Christian and an Artistalia
Sausage Roll	\$3.00			🦓 Visit the Canteen for ice block
•				7

#### Canteen Bento Box

\$5.00

1/2 Sandwich, Chicken Wing, Cheese and Crackers, Seasonal Fruit & 2 Mini Muffins

Check with the Canteen for the current Meal Deals \$5.00

# 🤎 Visit the Canteen for ice block specials 🛚

#### PLEASE NOTE

- Afternoon Tea orders are to be PICKED UP FROM THE CANTEEN.
- All ICE CREAMS ordered with lunch are given out when the LUNCH BAG IS RETURNED TO THE CANTEEN.

#### Order Your Lunch Online

Orders can be placed before 8:30am www.flexischools.com.au







# Children's Meditation & Relaxation Workshop

Saturday 28 October 2017 1.30 pm - 4.30 pm

This fun workshop is for children aged 5-12 years, and aims to build a healthy body and mind. By teaching a variety of simple meditation techniques using breath and visualisation, creating mandalas and moving the body in a conscious way, children are encouraged to find that centre of stillness inside. This can help with anxiety, building confidence and understanding emotions. The presenters are experienced practitioners in the field.

Facilitators

Fiona Borland & Vicki O'Leary

Cost

: \$30.00 per child

& \$25 for siblings

Bookings by

Monday 23 October 2017

9484 6208 or

mtstbenedict@goodsams.org.au



# Our Lady Of The Way Spring Fete













- \* RIDES
- \* JUMPING CASTLE
  - \* CAKE STALL
  - \* GIFT BASKETS
- \* WATER DUNK TANK
- \* BBQ, HOT DOGS & TREATS
  - \* DEVONSHIRE TEA







