Term 2, Week 2

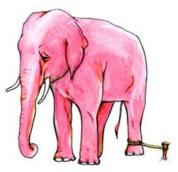
5 May 2016

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Dear Parents and Friends of St Mary MacKillop Primary School.



THE ELEPHANT ROPE



A tourist was amazed to see in Thailand that a group of beautiful elephants was being held by only a small rope tied to their front leg. There were no chains, no cages, just a short rope tethering each huge creature to a small stick in the ground.

It was obvious that the elephants could, at any time, break away from the rope but for some reason, they did not.

The tourist asked the trainer why the elephants just stood there and made no attempt to get away. "It's simple," trainer said, "when they are very young and much smaller we use the same size rope to tie them and, at that age, it's enough to hold them. They try and try to get free but cannot. As they grow up, they are conditioned to believe they cannot break away. They believe the rope can still hold them, so they never try to escape."

The tourist was astonished. These enormous animals could at any time break free but because they believed they couldn't, they were stuck right where they were.

How many of us, like the elephants, go through life believing that we cannot do something, simply because of something that we thought we learned when we were young?

How many of us have in our minds a short rope we could easily shake off?

How many of us are capable of far more than we ever dream of?

Don't be held back. Don't be tethered in one place.

Believe in yourself. You may be surprised

Acknowledgement: Original author unknown

NAPLAN FOR YEARS 3 & 5 NEXT WEEK

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual national assessment for all students in Years 3, 5, 7 and 9. All students in these year levels participate in tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy. All government and non-government education authorities have contributed to the development of NAPLAN materials. NAPLAN is the measure through which governments, education authorities, schools, teachers and parents can determine whether or not young Australians are meeting important educational outcomes in literacy and numeracy.

The tests provide parents and schools with an understanding of how individual students are performing at the time of the tests. They also provide schools, states and territories with information about how education programs are working and what areas need to be prioritised for improvement. NAPLAN tests are one aspect of our school's assessment and reporting process; they do not replace the extensive ongoing assessments made by our teachers about each student's performance.

NAPLAN tests the sorts of skills that are essential for every child to progress through school and life, such as reading, writing, spelling, grammar and numeracy. From 2016, NAPLAN content will be aligned with the Australian Curriculum.

NAPLAN Questions are multiple-choice or require a short written response. The writing task requires students to write a text in response to a prompt. To give you an idea of what the tests look like, sample questions and a sample writing task are available on the NAP website: www.nap.edu.au.

NAPLAN tests are conducted at school and administered by the classroom teachers. Each state and territory is responsible for marking the tests in accordance with strict guidelines and processes. NAPLAN assesses literacy and numeracy skills that students have already been learning through the school curriculum. Our teachers also ensure students are familiar with the test formats and will provide appropriate support and guidance.

The best way you can help your child prepare for NAPLAN is to reassure your child that NAPLAN tests are just one part of their school program, and to urge them to simply do the best they can on the day.

All students are encouraged to participate in NAPLAN tests. Students with disability may qualify for adjustments that reflect the support normally provided in the classroom. Students who have a temporary injury may also be reasonably accommodated.

NAPLAN is not a pass-or-fail type test. Individual student performance is shown on a national achievement scale for each test. Each test scale has 10 bands and all year levels are reported on the same scale. Six bands are reported for each year level for each test. One of these bands represents the national minimum standard for students at each year level. A result at the national minimum standard indicates that the student demonstrated the basic literacy and numeracy skills needed to participate fully in that year level. The performance of individual students can be compared to the average performance of all students in Australia.

Where possible, we will organise for individual students who are absent at the time of testing to complete missed tests at another time next week. Individual students are not permitted to sit tests after Friday 13 May 2016.

A NAPLAN report will be issued later in the year and sent home to parents. The same report format is used for every student in Australia.

Canteen

We have secured the services of a canteen company to trial the St Mary MacKillop Canteen over 12 months. I have attached a copy of the proposed menu for your information. We anticipate the canteen will commence once Catholic Education Diocese of Parramatta (CEDP) auditors approve the contract.

2016 FETE

Sincere thanks to Mrs Erin Carroll, Mrs Michelle Darwen, the fete committee, parents and friends, students and staff for your making our 2016 fete a great community building event and a profitable exercise. God bless you all for your hard work and your support.

2017 Kinder Enrolments

Enrolments are currently open for Kindergarten 2017. Please contact the school by phone or in person to collect an enrolment form. Alternatively, you can download an enrolment form via our school website. Please note that enrolments for kindergarten 2016 close on Sunday 22 May.

Thought for the Week

"What if we stopped aspiring to have more, and instead aspired to be more?" -Archbishop Oscar Romero

Have a Blessed Week Michael Siciliano PRINCIPAL



Extraordinary Jubilee Year of Mercy: 8th December 2105 – 20th November 2016

The Corporal Works of Mercy

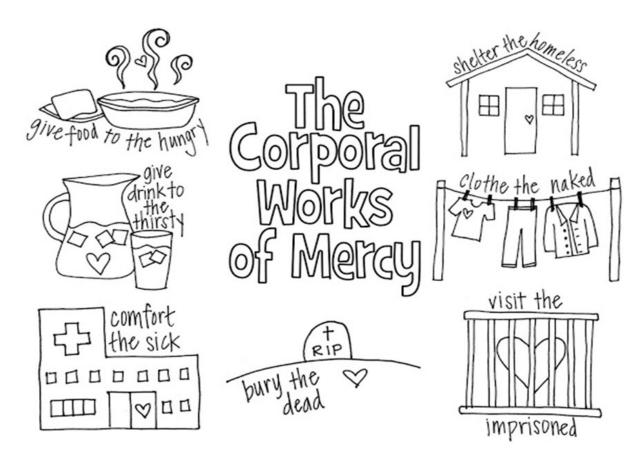
The works of mercy (sometimes known as acts of mercy) are practices/actions, which Christians perform that extend God's compassion and mercy to those in need.

The works of mercy have been traditionally divided into two categories, each with seven elements:

- "Corporal works of mercy" which concern the material needs of others.
- "Spiritual works of mercy" which concern the spiritual needs of others.

The Corporal Works of Mercy are found in the teachings of Jesus and give us a model for how we should treat others, as if they were Christ in disguise. They 'are charitable actions by which we help our neighbours in their physical needs'. They respond to the basic needs of humanity as we journey together through this life.

The seven Corporal Works of Mercy are listed below.



During the Year of Mercy Pope Francis is calling us to centre on the Merciful Heart of Jesus, whose love is poured into our hearts especially through prayer and the Eucharist. We are to let His merciful love flow through our hearts toward anyone in need whom we meet along life's way.

Next KIT we will further unpack the Corporal Works of Mercy and see how we can practise these in our everyday lives.

Project Compassion 2016 (Social Justice Initiative)

Thank you for supporting the 2016 Caritas Australia's Project Compassion Appeal during the Season of Lent. As a school community St Mary MacKillop has been able to raise an outstanding \$978.55. This is a great effort and every child is to be congratulated! This donation will provide much needed support for programs around the world that provide vulnerable people with the skills and opportunities they need to establish a better quality of life. If you would like to join Caritas Australia beyond Lent in the struggle against poverty and injustice, visit <u>www.caritas.org.au</u> and support their campaigns! 1800 024 413



Religious Education News—Continued

Mother's Day Liturgy

Please join us for our Mother's Day Liturgy on Friday 6th May at 9:15am in the hall. This Liturgy will be prepared and led by Kindergarten. During our liturgy we will pray for all mothers and ask God to keep them in his loving care.

There will also be an opportunity to visit classrooms and partake in Australia's Biggest Morning Tea, which will be organised by the P & F.

Timetable of events as follows:

9:15am – Mother's Day Liturgy in the hall 10am – Australia's Biggest Morning Tea 10:30am – Open classrooms 11am – Student eating time with their class 11:15am – Play Break 11:45am – Normal classes resume

Pentecost: Sunday 15th May

Sunday, the 15th May is the Feast of Pentecost, one of the most important days in the Christian Calendar. Pentecost is celebrated fifty days after Easter and concludes the Season of Easter.

'When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. They saw what seemed to be tongues of fire that separated and came to rest on each of them. All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.' Acts 2:1–4

Pentecost has a central place in the Christian Story. Prior to the coming of the Holy Spirit, the disciples were confused and afraid by the recent events they had experienced - The Crucifixion and Resurrection of their leader and teacher, Jesus.

Pentecost was a turning point for the disciples. It inspired, united and strengthened them by transforming their minds and hearts. They no longer simply remembered Jesus, they courageously proclaimed Him alive with boldness and conviction throughput the world.

The liturgical colour of Pentecost is red and this important day is considered the birthday of the Christian Church.

Grandparents Day Liturgy and Book Fair: Friday 27th May

Please mark in your diary, Friday 27th May for the Grandparents Liturgy and Book Fair. The liturgy will be prepared and led by Year 4. It will begin at 9:15am and there will be the opportunity to visit classrooms. More details will follow in the next KIT.

Mrs Gillard Religious Education Coordinator





P&F News

WOW! what a School Fete we had on Sunday!

I cannot begin to express my thanks to all involved from our Major Sponsors, Parent volunteers, Stallholders, to our Office ladies and the Teachers of this great school. It takes a lot of effort and dedication to make a fete a success and I believe ours was this year so thanks to the Fete committee for their hard work this past 9 months putting this great day together.

A special mention must go to the Carroll family, what can we say but thank you so much for all your hard work, long days, sleepless nights and time away from your beautiful family to making our Fete such a huge success. Thanks again!

I'd just like to wish all our Mum's out there a Happy Mother's Day this Sunday. Hope your children spoil you rotten with love, hugs, kisses and maybe a sleep in!

Michelle Darwen President On behalf of P&F Executive Team



Library News

Welcome back to term two, we have many things happening in the library in the weeks ahead. Many students are well under way with the **<u>Premiers Reading Challenge</u>**, the challenge runs until the end of August please see Mrs Eisenhuth if you are having problems logging your books.

We will be hosting our annual **Book Fair** to coincide with our <u>Grandparents Liturgy on Friday, May 27</u>. This event is always well supported by our community and we look forward to another fantastic fair in our school library. All books sold go towards purchasing new books and resources for the library.

You may also wish to personally donate a book to the school library. The fair will also be open on <u>Monday</u>, <u>May 30</u> for students to purchase books **before and after school** and at **lunch time**. If you are unable to visit the fair, but would like to purchase a book, you can use the credit card facility on the back of the flyer that will be sent home soon. We look forward to seeing many parents and grandparents on Friday in the library after the Grandparents Day Liturgy.

Please encourage your children to borrow regularly from our library, check they have their library bags for their specific borrowing day, students may also borrow Monday to Thursday at lunch time.

Maree Eisenhuth Teacher Librarian



Dates for Your Diary Term 2 - 2016

DAY	DATE	TIME	EVENT
Friday	6 May	9:15am 2:20pm	Mother's Day Liturgy Open Classrooms Australia's Biggest Morning Tea Whole School Assembly & 6M Item
Monday	9 May	7:00pm	Year 6 Farewell Meeting (School Hall)
Tuesday	10 May		NAPLAN Years 3 & 5 (Language and Writing Tests)
Wednesday	11 May		NAPLAN Years 3 & 5 (Reading Test)
Thursday	12 May	9.00am	NAPLAN Years 3 & 5 (Numeracy Test) Stage 1 History Excursion to Elizabeth Farm
Friday	13 May	9:15am 2:20pm	Year 2 Liturgy Whole School Assembly & 4BL & 4M Strings Item NAPLAN catch up day
Friday	20 May	9.15am 2.20pm	Year 6 Mass Whole School Assembly
Saturday	21 May		Kindergarten 2017 Enrolments Close
Tuesday	24 May	10:00am	Captivate Choir @ St Patricks Blacktown
Friday	27 May	9:15am 2.20pm	Grandparents Liturgy & Book Fair Whole School Assembly
Tuesday	31st May	7:00pm	ICAS Science Competition P & F Meeting
Friday	3 June	9:15am 2:20pm	Year 5 Mass Whole School Assembly & 1J & 1R
Monday	6 June		Primary Athletics Carnival @ Blair Oval
Tuesday	7 June		Year 4 History Excursion @ Hyde Park Barracks
Friday	10 June		STAFF DEVELOPMENT DAY No School for Students
Monday	13 June		Queen's Birthday Public Holiday No School
Tuesday	14 June		ICAS Writing Competition
Friday	17 June		9:15am Kindergarten Liturgy

Starting Soon at St Mary Mackillop!



Mel's Tasty Bites Mary MacKillop Primary School's Menu 2016



Rolls & Wraps	Extra 50c
Avocado	Extra 50c
Focaccia's	Extra 70c
Turkish Bread	Extra 50c
Cheese	\$2.20 G
Cheese & Tomato	\$2.50 G
Ham & Cheese	\$2.80 G
Ham, Cheese & Tomato	\$3.00 G
Salad	\$3.00 G
Tuna & Lettuce	\$3.00 G
Chicken & Salad	\$3.50 G
Chicken, Lettuce & Mayo	\$3.50 G
Egg, Lettuce & Mayo	\$3.00 G
Vegemite, Jam or Honey	\$2.00 G

HEALTHY FOOD GUIDELINES G Green A AMBER R RED



Breakfast

Toast (1)

Toast (1)

Snacks Fresh Fruit

Scrambled Eggs on

(Jam or Vegemite)

Red Rock Chips

Jelly & Fresh Fruit

Mel's Banana Bread

Grain waves

Yoghurt Tub

Toasted Cheese Jaffles \$1.00 G

From

Home-made Treats

Mel's Fruit Muffins (Variety)

\$1.00 G

\$1.00 G

\$1.00 G

\$1.50 A

\$1.50 A

\$2.00 G

\$1.50 A

\$1.00 A

\$2.00 A

Salad Boxes - \$4.50 G Served with Lebanese Bread

- Garden Salad Greek Salad
- Chicken Caesar Salad Grilled Chicken & Salad
- Grilled Chicken, Tabouli & Hummus

Chicken Schnitzel & Salad Creamy Tuna & salad

Lite Ham & Salad

Add Extra for Home-made Tabouli \$0.50 G Home-made Hummus \$0.50 G \$0,50 G **Boiled Eaa**

www.melstastybites.com

AVAILABLE EVERY DAY

PIZZA - Homemade Pizza (Homemade)	\$3.50 G
BURGERS, Rolls & WRAF	's
(All Homemade)	
Grilled Chicken Burger	\$4.00 G
Chicken Schnitzel Roll	\$4.00 G
Beef Burger	\$4.00 G
Veggie Burger	\$4.00 G
Sweet Chilli Chicken Wrap	\$4.00 G
FISH	
Baked Fish & Wedges	\$4.00 G
Baked Fish Burger	\$4.00 G
3 x Fish Cocktails & Salad	\$4.00 G
NOODLES	
Chicken or Beef Noodles	\$3.00 A

Like our 'Facebook Page' to see our Daily & Weekly Specials..

Have you got Your Loyalty Card Yet?

Get your Card stamped 10 times and receive a FREE Lunch!

ORDER YOUR LUNCH ONLINE www.melstastybites.com

SELECTED DAYS ONLY

MONDAY

Spaghetti Bolognese	\$4.00 G
TUESDAY	
Beef Burrito	\$4.00 G
Beef & Bean Nachos	\$4.00 G
WEDNESDAY	
Chicken Fried Rice	\$4.00 G
Cheeseburger	\$4.00 G
THURSDAY	
Curry Chicken & Rice	\$4.00 G
Spaghetti Nachos	\$3.50 G
FRIDAY	
6 x Chicken Nuggets	\$3.80 A
Hot Dog w/ Sauce	\$3.50 A

WINTER SOUP SPECIAL \$5.00 w/ Dinner Roll

Pumpkin Chicken & Sweet Corn Vegetable





Mel's Tasty Bites Mary Mackillop Primary School's Canteen Menu 2016



Oak Flavoured Milk Spring Water 100% Juice Quench Mineral Water	from	\$2.00 G \$2.00 G \$2.00 G \$2.00 G
Coffee & (Staff & Parent		
(
Coffee	\$2.50	
Tea	\$2.50	
Hot Chocolate	\$2.50	
Extras		
Lunch Bags		.10c
Spoon/ Fork		.10c
Sauce		.30c

HEALTHY FOOD GUIDELINES G Green A AMBER R RED Halal Certified



Frozen Treats

Juice Cups (Orange/Apple -99%)	\$1.20 A
Icy Pops (Rasp/Lemonade)	\$1.20 A
Frozen Yoghurt	\$2.00 G
Home Ice-cream	\$1.20 A



Like our Facebook Page to see our weekly Specials plus visit www.melstastybites.com



MAJOR RAFFLE WINNERS

Thank you to everyone who bought and sold tickets. Congratulations to all our winners.

1 st	Mini iPad 2 with \$30 Itunes Voucher	Belinda Miranda
2 nd	\$100 Outback Steakhouse Voucher with Hamper & an overnight stay at Mecure Hotel, Penrith	James Edmunds
3 rd	\$300 voucher for Car Window Tint from Solartint Penrith	Sharon Attard
4 th	Jazmyn Leila Photography Family Mini Photo Shoot	Millie
5 th	Briggs & Stratton Pressure Water Cleaner	Jack Sullivan
6 th	BIG DAY OUT – Family passes to Penrith Ice Palace, AMF & \$40 McDonalds Vouchers	Helen Wakeling
7 th	PAMPER PACK – Kardashian Handbag, \$50 Truffles Hair voucher, \$40 Kmart vouchers & \$20 Nadia's Café Penrith voucher	M Foy
8 th	Ripples Leisure Centre St Marys 1 month full membership	Jay H
9 th	Coleman Australia Camping Chairs x 2 & 26lt Tall Cooler	Vanessa Bazdark
10 th	Nepean Belle River Cruise for 4 people & \$50 Coffee Club voucher	Stephanie
11^{th}	Studio 1000 Photography Voucher	Jessica Ashton
12 th	Irish Butcher \$100 voucher	Emily Bielby
13 th	Bar Reggio \$100 voucher	Liam Davies
14^{th}	Taronga Zoo 2 x adult passes	Vega Hogan
15 th	10 x Aquarobic Lessons from Nepean Aquatic	Nathan Grey
16^{th}	Jenolan Caves Family Pass	Isabelle Attard
17^{th}	Zen Shen Natural Therapies \$70 treatment	Myer Calder
18^{th}	Cables 2 hour pass & Coleman Australia 25lt esky	Millie
19 th	1 month free swimming lessons from Nepean Aquatic	Justine Schafer
20th	Truffles Hair \$50 voucher	Stacey Effield
21 st	Coffee Club Nepean River \$50 voucher	Emma Raven
22 nd	10x public swimming visits from Nepean Aquatic	Adele Richards
23 rd	Prousd Silver Necklace	Cooper Pearman
24 th	Anytime Fitness 2 week pass	Cooper Pearman
25 th	Anytime Fitness 2 week pass	Julie Dicker
26 th	Anytime Fitness 2 week pass	Nancy
27 th	Anytime Fitness 2 week pass	Helen Pirotta
28 th	Anytime Fitness 2 week pass	Steve Lonsdale
29 th	Anytime Fitness 2 week pass	Kate Flynn
30th	Chocolate gift pack	Millie

OTHER PRIZE WINNERS

Netball Shot Raffle Winner – Jo Randall Pass the Ball Raffle Winner – Noah Warby Jelly Bean Guessing Competition Winner – Riley Randall Baby Hamper Raffle Winner – Sonya Clark



TUNING IN TO KIDS Emotionally Intelligent Parenting:

A six session program for parents of children aged 3-8 years

Would you like to learn how to:

- · Be better at talking with your child?
- · Be better at understanding your child?
- · Help your child learn to manage their emotions?
- · Help to prevent behaviour problems in your child?
- · Teach your child to deal with conflict?

'Tuning in to Kids' shows you how to help your child develop emotional intelligence.

Children with higher emotional intelligence:

Have greater success at making and keeping friends

 Have better concentration at school
 Are more able to calm down when angry or upset
 Tend to have fewer childhood illnesses.

- Where: Penrith Community Health Centre, Soper Place Penrith.
- When: 6 Tuesdays starting 10 May 2016, 7pm-9pm
- Contact: Amanda Horton-Hallett 47329400 Pauline Coulton 47305100



Cost: Free

Register by contacting The Central Intake Service on 1800 222 608